



SENSES SPA

Relaxing Massage 50 min

Immerse yourself in serenity with our relaxing \$70 USD massage that melts away tension and surrounds you with well-being.

❖ A space just for you, where stress fades and peace is reborn.

Hot Stone Massage 50 min

Experience the soothing embrace of a hot \$90 USD stone massage that melts tension, promotes deep relaxation, and restores your well-being.

❖ A warm ritual that envelops body and soul, leaving you in perfect harmony.

Four Hands Masssage 50 min

Let yourself be carried away by the magic \$115 USD of our four-hand massage, where the synchronized movements of two therapists release tension and amplify relaxation.

❖ A unique experience that wraps both body and mind in pure serenity.

Deep Tissue Massage 50 min

Enjoy our deep tissue massage that \$95 USD releases tension and deeply relaxes your muscles.

❖ A treatment designed to let go of stress.

Head and Face Massage 30 min

Indulge in a craniofacial massage that \$50 USD releases hidden tension, stimulates circulation, and gently connects you with a deep sense of calm.

❖ A serene journey that renews and illuminates your face.

Sport Massage 50 min

Enjoy a sports massage, perfect after exercise, that relieves muscle tension, helps prevent injuries, and accelerates recovery. \$100 USD

❖ Energize your body with renewed vitality and a profound sense of well-being.





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Personalized Facial 50 min

Enjoy a facial carefully tailored to your skin's unique needs. This personalized experience blends knowledge, care, and intention to renew, revitalize, and enhance your skin from the very first session.

❖ Visible results and a unique wellness experience designed exclusively for your face.

Deep Release + Glow Facial 120 min

Experience a specialized deep tissue massage that releases muscle tension and restores your body's balance. Follow with a revitalizing facial that illuminates, firms, and revitalizes your skin.

❖ Your perfect ritual for strength, renewal, and radiant well-being.

Calm & Glow 120 min

Let yourself be embraced by a gentle, relaxing massage that eases tension and restores harmony to your body. Follow with a revitalizing facial that brightens, nourishes, and renewes your skin.

❖ A serene ritual for calm, balance, and radiant well-being.



Book your appointment
by WhatsApp

 +52 56 4375 8591

San Isidro St #63, Reforma Social
Neighborhood, Mexico City, C.P. 11650
St. Isidro Hotel, Lobby
Centro de Luz ADA

Schedules

Monday: CLOSED
Tuesday to Friday: 8:00 AM – 9:00 PM
Saturday & Sunday: 9:00 AM – 6:00 PM