



SENSES

SPA

Relaxing Massage 50 min

Immerse yourself in serenity with our relaxing massage that melts away tension and surrounds you with well-being. **\$70 USD**

✿ A space just for you, where stress fades and peace is reborn.

Deep Tissue Massage 50 min

Enjoy our deep tissue massage that releases tension and deeply relaxes your muscles. **\$95 USD**

✿ A treatment designed to let go of stress.

Hot Stone Massage 50 min

Experience the soothing embrace of a hot stone massage that melts tension, promotes deep relaxation, and restores your well-being. **\$90 USD**

✿ A warm ritual that envelops body and soul, leaving you in perfect harmony.

Head and Face Massage 30 min

Indulge in a craniofacial massage that releases hidden tension, stimulates circulation, and gently connects you with a deep sense of calm. **\$50 USD**

✿ A serene journey that renews and illuminates your face.

Four Hands Massage 50 min

Let yourself be carried away by the magic of our four-hand massage, where the synchronized movements of two therapists release tension and amplify relaxation. **\$115 USD**

✿ A unique experience that wraps both body and mind in pure serenity.

Sport Massage 50 min

Enjoy a sports massage, perfect after exercise, that relieves muscle tension, helps prevent injuries, and accelerates recovery. **\$100 USD**

✿ Energize your body with renewed vitality and a profound sense of well-being.





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Personalized Facial 50 min

Enjoy a facial using advanced technology carefully selected to suit your skin's unique needs. This personalized approach blends science and care to renew, revitalize, and transform your skin from the very first session.

✿ Visible results and a unique wellness experience designed just for your face.

Slimming treatment 50 min

Enjoy a slimming treatment for upper and lower body areas, using cavitation and radiofrequency to reduce localized fat, tone, and firm your skin.

✿ A transformative journey that harmonizes body and beauty, leaving you feeling renewed and radiant.

Deep Release + Glow Facial 120 min

Experience a specialized deep tissue massage that releases muscle tension and restores your body's balance. Follow with a revitalizing facial that illuminates, firms, and revitalizes your skin.

✿ Your perfect ritual for strength, renewal, and radiant well-being.

Calm & Glow 120 min

Let yourself be embraced by a gentle, relaxing massage that eases tension and restores harmony to your body. Follow with a revitalizing facial that brightens, nourishes, and renews your skin.

✿ A serene ritual for calm, balance, and radiant well-being.



Book your appointment
by WhatsApp



+52 56 4375 8591

San Isidro St #63, Reforma Social
Neighborhood, Mexico City, C.P. 11650
St. Isidro Hotel, Lobby
Centro de Luz ADA

Schedules

Monday: CLOSED

Tuesday to Friday: 8:00 AM – 9:00 PM

Saturday & Sunday: 8:00 AM – 6:00 PM