

MASSAGES

Relaxing

Soft massage, focuses mainly on enabling you to recover from the stress of everyday life.

60 minutos/70 euro

Ayurvedic

This ritual is borrowed from the principles of Ayurveda to create a unique experience that focuses on relaxation, stress relief and releasing emotional blockages.

90 minutes/95 euro

Reflexology/

Foot+Leg massage

Therapeutic foot massage for health and well-being.

60 minutos/60 euro

Deep tissue

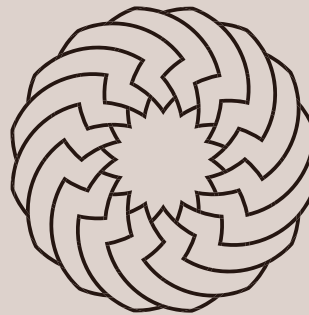
Strong massage, the best for giving attention to certain painful "trouble spots" in your body.

60 minutos/75 euro

Sport

This massage mobilises and manipulates the soft tissues of the body to reduce soreness and increase flexibility.

60 minutos/75 euro



Lomi lomi

This traditional Hawaiian massage works gently yet deeply within the muscles with continuous flowing strokes, allowing you to relax and succumb to the nurturing touch.

60 minutos/80 euro

